I am a POLIO SURVIVOR with POST – POLIO SEQUELAE (PPS)
Unexpected midlife symptoms:

- Overwhelming Fatigue
- Muscle Weakness
- Muscle and Joint Pain
- Sleep Disorders and Cold Intolerance
- Difficulty Swallowing and Breathing
- Heightened Sensitivity to Anesthesia

ANETHESIA WARNING!
I am a Polio Survivor …

- EASILY SEDATED, difficult to wake
- Difficulty BREATHING and SWALLOWING with anesthesia;
- HYPERSENSITIVE to PAIN and COLD. Need heated blanket and increased pain medication post-op.

For more information visit: www.ohiopolionetwork.org