

**I am a POLIO SURVIVOR with
POST – POLIO SEQUELAE (PPS)**

Unexpected midlife symptoms:

- Overwhelming Fatigue
- Muscle Weakness
- Muscle and Joint Pain
- Sleep Disorders and Cold Intolerance
- Difficulty Swallowing and Breathing
- Heightened Sensitivity to Anesthesia



ANESTHESIA WARNING!

I am a Polio Survivor ...

- EASILY SEDATED, difficult to wake
- Difficulty BREATHING and SWALLOWING with anesthesia;
- HYPERSENSITIVE to PAIN and COLD. Need heated blanket and increased pain medication post-op.

For more information visit:

www.ohiopolionetwork.org